



Curly Care Sheet



Some general **Do's** and **Don'ts** in caring for mixed curly hair.



CONDITIONER

Use a "leave in" conditioner. All natural is best but it does not have to be specifically for curly hair. Experiment (carefully) to find what works and use plenty of it. Our forums may offer

FINGER COMB

Using finger, a wide tooth comb or tangle teaser, separate the hair with the conditioner on the hair.



ATTITUDE

Be patient and be positive. Make trial and inevitable error your friend until you get it right. Praise your child's beautiful, unique, mixed hair often.

OILS

Use to lock in the moisture. Numerous oils to choose from so work out what is best for you. Jojoba, Baobab, Macadamia and Avocado are well suited



PILLOWS & CAPS

Satin is your friend, be it a pillow or a durag. This will help keep the moisture in but be careful of the snuffles in younger ones, particularly if A/C is on.



STYLE OR BRUSH WHEN DRY

Always wet the hair before styling or brushing. Never dry or risk damage and frizzing



WASHING FREQUENCY

Don't leave too long between washes, especially if you exercise and/or apply other products to your hair. This can cause scalp irritation amongst other things.

DON'T PANIC

Keep a positive attitude. Hair can be a sensitive topic and negativity can damage more than just the hair.

TOWEL DRY

Avoid using towels. They can leave the hair in a tangled mess. Air dry, diffusion dryer or microfibre cloth and scrunch the hair.



ONE SOLUTION DOESN'T WORK FOR ALL

Even between siblings there can be large differences in hair type. Solve each requirement individually.

